

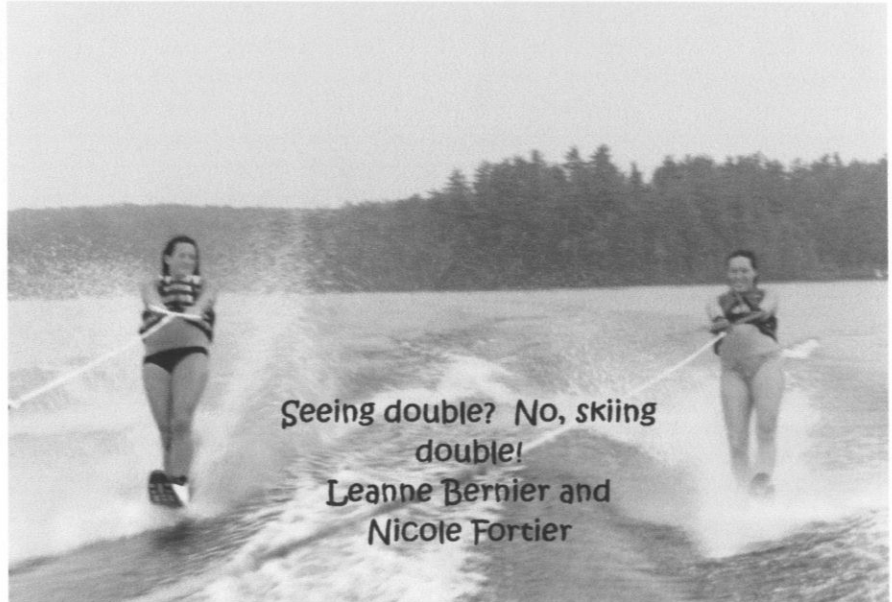
Sabbathday Lake News

November 2005

In My View

Mike Cloutier, President
Sabbathday Lake Association

I hope everyone enjoyed the Summer of 2005. After a soggy beginning the weather turned in our favor and provided us with some spectacular days. And like many other families around the lake we enjoyed visits from family and friends. The Sabbathday Lake Association had a busy season as well. Over the spring and summer the board of directors put the final touches on our filing for 501c(3) status with the IRS. The paperwork has been submitted and we are waiting for their decision. We should have news for our spring newsletter. We had two association meetings this year, July and August. The first meeting was devoted to voting on major changes in the association by-laws. At the July meeting we voted to change the association from a social organization to a nonprofit association. We also voted to welcome membership to anyone who shares the same goals as set forth by the association. In contrast to this, the original membership was limited to people who owned land on the



Seeing double? No, skiing
double!
Leanne Bernier and
Nicole Fortier

photo by Mark Stoesser-Casad

lake. This will allow for a broader base of support from the community, especially those that want to protect the watershed for future generations.

At our second meeting in August, our guest speaker was Bro. Arnold Hadd from the Sabbathday Lake Shaker Community. He gave a presentation on the fascinating history of some of the mills that the Shaker Community operated in the area over the years. He also gave an informative overview of the ongoing land trust negotiations the community is currently involved in.

The association this year helped sponsor the Royal River Youth Conservation Corps which had a very busy season. It also received a lot of great publicity as well.

Our web site was also launched this summer. From much input from the board of directors the web site was finalized and launched. We feel it is a terrific resource to learn more about lake conservation measures, lake association activities and it provides many links to associated sites. I hope you will visit the site and let us know what you think. The address is www.sabbathdaylakeassoc.org.

More from Mike Cloutier

We had two other major projects this summer, the courtesy boat inspection project and the water quality testing. Scott Williams, Aquatic Biologist has conducted 2 water samplings and volunteers have completed several other water quality readings during the summer. Results of those tests and samplings will be available in the spring newsletter. From some of the early surveys the water clarity was off to a cloudy start from all the wet weather in the spring and the resulting run off. However, by the end of August the readings were much more normal.

We continue to offer the Sabbathday Lake Tee shirts for sale (money to be used to help cover the cost of water testing) and the

shirts are available at the Shaker Store at the Sabbathday Lake Shaker Community.

The lake can use your help and the Sabbathday Lake Association can use your help as well. Please volunteer in whatever capacity you can. The bottom line for all this work is the protection of this once in a lifetime fragile resource. So whether it's supporting the association or doing some conservation work around your property our goal is to preserve this irreplaceable resource that we all enjoy and to pass it on to future generations. Please let me know what you think and how you may want to help.

Have a safe and enjoyable winter. I'll see you on the lake.

FOOTPRINTS from BAREFOOT BEACH

by Margo Cook

It was July 5th this year when President Mike Cloutier asked me if I would write a few paragraphs about "the beach" for the newsletter. I had a pretty good inkling then that there would be a new owner taking care of Barefoot Beach very soon, and that my involvement over 20 years plus would soon be at an end. Then I thought that this would be a good opportunity to introduce Becky.

Becky Delaney took over the business on July 19th. She comes from nearby Yarmouth and has jumped in with both feet to make a success of Barefoot Beach, after resigning her job in graphic arts with the Portland Press Herald. She loves swimming, kayaking, biking, and...cooking! She's already added some wonderful new delectables at the snack bar, and she's been busy fixing things up to make it an even more attractive and fun place to enjoy

the lake. I'm sure all who stop by will enjoy meeting Becky and her teenage son Ashton who is helping her along the way.

Mike said he wanted a little history. Well, I know many of you have been on the lake much longer than I and may well know things that I've never heard about. But I can say that Barefoot Beach has been in operation for about 75 years, known for many years as simply The Outlet, then the Outlet Beach, and now Barefoot Beach at the Outlet. Of course its location is at the outlet of Sabbathday Lake, also the beginning of the Royal River. It is on leased Shaker land, and it is my understanding it began with Brother Delmar's desire to bring some income to the community by leasing some of the

See *Footprints*, Page 3

Update on the Trust for Public Land Project

Dear Friends:

We wanted to take a few moments of your time to update you on this most important project.

This is the largest project we have ever engaged in as well as the most important one for it is not merely a project to repair or renovate a single building, but it is for the preservation of the entire property! We will ensure that this consecrated land will forever remain a mixture of forest and farmland – not condominiums, nor a part of urban sprawl.

We have partnered with The Trust for Public Land, The New England Forestry Foundation, The Friends of the Royal River and Maine Preservation as this project is so large both in terms of size (1,700 acres) and complexity – farm, forest, historic structures, headwaters of the Royal River, wildlife habitat and more.

We initiated this project over four years ago as we are faced with ever-increasing property taxes as well as development pressure and the Village consists of eighteen historic buildings, which are always in need of costly maintenance.

We have taken this process step by step with much prayer and commitment to our future. The

easements will allow us to continue our traditional way of life in perpetuity. We will continue to own the land and buildings, be able to farm, harvest timber, raise apples, and everything else that Friends have come to know and love about Shaker Village.

As of today (September 22nd) we have managed to raise 1.85 million of the 3.695 million total or just over half the funds needed. We have a deadline of February 2006 to meet this goal and we are asking for your help and support to make this a reality.

Any and all donations are most welcome as well as pledges of future payments. Please note that the checks should be made payable to, "The Trust for Public Land, Shaker Project."

If you prefer to charge your donation to a credit card, please contact Jennifer Melville at the Trust for Public's office in Maine. Her number is 1-207-772-7424. You may also contact Jennifer via e-mail at Jennifer.Melville@tpl.org. Please feel free to contact the Community or Jennifer if you have any questions or need more information.

We thank-you so very much for anything you are able to contribute to this unique project!

Peace and blessings,
The Sabbathday Lake Shakers

Footprints, Continued from page 2

community's beautiful lake shore land. So most of this shorefront leased land was set up as individual camp lots, and the parcel with the beach at the outlet was established as a small business where anyone could have the opportunity to come enjoy the lake. This tradition continues today through many different owners. Many of their names I've heard from residents who've been around the lake longer than I so most of what I know was passed on to me by others. Bill Beaker, whose family has had a place on Shaker land for several decades, was most helpful with some of the names from the 1950's onward. Back in the late 1920's or early 1930's I

believe it was the White family who began the initial operation, then in the '50's, the Grants, and continuing on until today: Goudy, Slocum, Packard, Cook, Parshall, Cook again, and now Becky Delaney with her son Ashton.

Let me close by saying thanks to all of you who have supported the business over my years of involvement. Thank you for your friendship and for your help at various times. If you haven't already said hello to Becky and Ashton this season, stop by next summer to meet them and try some of Becky's tasty snack bar morsels. And don't forget to say "hi" to Margo. I'm still here in the cottage across the street.

2005 Royal River YCC another Resounding Success

The Royal River Youth Conservation Corps (YCC) wrapped up its second season in August. In just seven weeks, the team of six local high school students (four from New Gloucester) completed 18 erosion control and pollution prevention projects in the Royal River Watershed. The four projects in New Gloucester included:

New Gloucester

Fairgrounds – The crew spent a week building the site's first trails and planting and mulching eroded areas near the river.

Morrissey property, Sabbathday Lake – The YCC crew installed numerous infiltration steps down a steep path to the lake and planted blueberries along the sides of the path.

Whitney property, Sabbathday Lake – The crew installed infiltration steps, planted a shoreline buffer and created a roof drip line trench.

Friends of the Royal River is sponsoring the program, but a larger committee helped FORR get the program off the ground. Lori Fowler represents the Sabbathday Lake

Association. Other partner organizations include Cumberland County Soil and Water Conservation District, Maine Department of Environmental Protection, Casco Bay Estuary Project, and US Environmental Protection Agency.

Many thanks go to the Sabbathday Lake Association for its financial support of the program. Funding was provided by the Town of New Gloucester, Crystal Lake Association, Town of North Yarmouth, Town of Yarmouth, Casco Bay Estuary Partnership and Maine DEP. The YCC steering committee would also like to thank crew members Duncan Fowler, Mary Cloutier, David Miklovich, Nathan Reimensnyder and Rebecca Gerber for their hard work and enthusiasm.



The 2005 Royal River YCC Crew (L to R): David Miklovich, New Gloucester, Abby Morgan (Crew Leader) Portland, Duncan Fowler, New Gloucester, Mary Cloutier, Auburn, Nathan Reimensnyder, New Gloucester, Rebecca Gerber, Freeport & New Gloucester, Not Pictured: Kevin Santillo, Yarmouth

The Royal River Youth Conservation Corps plans to be back in action next summer doing similar projects to protect and

improve habitat and water quality on Sabbathday Lake and the larger Royal River Watershed. Contact the Friends of the Royal River at 847-9399 to get involved or nominate sites for the 2006 season.

Reflections on Conservation and Human Relations By Abby Morgan

My name is Abby Morgan and this summer I performed the job of Crew Leader for the Royal River Youth Conservation Corps (RRYCC). Each summer 5-6 high-school aged Crew Members and a Crew Leader are hired to implement Best Management Practices (BMP's) along the Royal River Watershed in an attempt to prevent soil erosion. This summer, the Crew completed 20 projects in 8 towns within the Royal River Watershed. At the end of the season, I was asked to write a "personal take" on my experiences as Crew Leader. So without getting too sentimental on you readers, I will do my best to give you a glimpse into my summer with the RRYCC. I started this job with more experience *being* a teenager

See **Reflections** Page 5

Sabbathday Lake Association Membership

We have 61 paid members in 2005. In comparison, we had 80 in 2004 and 76 in 2003. Do you know if you paid your dues this year? If not, feel free to check with our friendly treasurer, Anne Maurice, 207-926-4732 . How about giving a gift membership?

Sabbathday Lake Association Annual Membership Dues 2005

AMOUNT: \$15

Additional donations welcome!

Please send annual dues to: **Anne Maurice, 10 Cushman Drive**

NEW GLOUCESTER, ME 04260

MAKE CHECKS PAYABLE TO: **SABBATHDAY LAKE ASSOCIATION**

NAME _____

ADDRESS _____

MAILING ADDRESS _____

TELEPHONE _____ EMAIL _____

Benefits of belonging to the Association:

- ◆ News about what's happening around the lake
- ◆ Social gatherings to meet your neighbors
- ◆ Water quality testing
- ◆ Environmental Improvement Activities

Reflections Continued from page 4

than *leading* teenagers! But I had 6 summers experience as an organic farmer, a BA in Environmental Studies and a recently completed Americorp stint at the Cumberland County Soil and Water Conservation District. For 2 weeks in June, before real work began, I became "Super Organizer" (a self-defense tactic) crossing all the T's and dotting all the I's, doing my research of different erosion control techniques and being just plain nervous.

So of course when July 5th rolled around few things went as planned, but of course it all worked out! The Crew Members and Sarah Plummer (the Technical Director) met me at our first site, New Gloucester Fairgrounds for orientation and to fill out exciting paperwork. Several of the Crew Members were friends from previous years, so I felt like the new kid on the block (and I don't mean the pop boy band from the 90's). But by the end of the season I had developed strong connections with the Crew Members and know them all as wonderfully talented, hardworking environmentalists with whom I am proud to have worked!

Needless to say I learned a lot about what kind of work best suits a particular site and how to organize a crew, but the best lesson I learned this summer was how to be an effective leader. At times my patience was tested and I made mistakes, but I learned how to work better with people. As the weeks went by I realized that each site, like each person, had their own personality that needed an individual approach and plan. Good conservation work demands common sense, intuition and a group of dedicated hardworking people who work well together. The 2005 Royal River Youth Conservation Corps had all of these skills, making for a very efficient, successful and enjoyable working experience!

Sabbathday Lake News

44 Lake View Drive, New Gloucester ME 04260

Sabbathday Lake News

The Newsletter of the
Sabbathday Lake Association

Please send your lake-related news contributions to the Editor
by email to Cheryl Fortier, cfortier@maine.rr.com

SABBATHDAY LAKE ASSOCIATION

Board of Directors

Mike Cloutier	President	782-9720	Paula Gauthier	Director	926-5853
Don O'Malley	Vice President	926-4214	Janet Lambert	Director	926-4069
Lori Fowler	Secretary	926-3356	Brother Wayne Smith	Director	926-4865
Anne Maurice	Treasurer	926-4732	Chris Ricardi	Director	926-3721
Matt Johnson	Director	926-5233	Cheryl Fortier	Director	926-3168