

Sabbathday Lake News

November 2002

In My View

Mike Cloutier, President
Sabbathday Lake Association

It was a surprise and a privilege to be elected as the president of the Sabbathday Lake Association. I have enjoyed attending the Association meetings and have learned a lot about what I can do to help protect this fragile ecosystem we call Sabbathday Lake. We have an experienced and very capable Board of Directors and I look forward to working with them. As with all of you, I want my children and future generations to enjoy this beautiful place as much as I have.

It has been busy on and around the lake this summer. The Sabbathday Lake Youth Conservation Corps has been active in many locations around the lake and has provided much needed and essential work on implementing conservation practices that will reduce polluted runoff into the lake. This corps consisted of youths who live on or near the lake and were supervised by Mary Gilbertson and Betty Williams from the Cumberland County Soil and Water Conservation District. Not only did they help protect this precious part of the earth, they have become stewards for this task in the future.

Also busy this summer was Rick Fortier, Chair of the Invasive Plant



Mike Cloutier standing beside the new sign, purchased by the Sabbathday Lake Association, at the Barefoot Beach boat ramp

Monitoring committee. Rick worked all summer scheduling committee members and volunteers to work at the Barefoot Beach launch ramp as invasive plant monitors. Their efforts are essential in keeping these invasive plants out of this lake. They have accomplished a great deal this summer and are looking for additional volunteers for next year. Remember, once the plants take hold in a lake, they never go away they just get worse.

Scott Williams has been busy this summer as well, testing the water quality and stability of the lake. The town continues to support our

efforts to monitor water quality and has funded two thirds of the cost for the testing. With the low rainfall and run off, the lake has remained stable again this year. I will have more on this in our Spring 2003 issue.

The Sabbathday Lake web site is being developed and I will pass along more info as it becomes available. Kathy Cruz heads up this committee.

Our treasurer Ann Maurice indicates that we are in good shape financially after paying our dues to COLA and our portion of the water testing. (see VIEW, page 2)

VIEW

(continued from page 1)

I have three simple goals for 2003. **First**, Increase membership to over 100. We currently are at 80. More members provide more ideas and momentum for the future. **Second**, attain additional grant money and funding to continue the work begun this year by the Sabbathday Lake YCC. Non point source (or NPS) pollution includes road sand, soil, phosphorus, nitrogen, bacteria, debris and other pollutants washed into lakes and streams by water from rainstorms and snowmelt. **Third**, educate the lake property owners and the general public as to the devastating effects of Invasive Aquatic Species. I hope to accomplish these goals by working closely with the Sabbathday Lake Board of Directors, Committee Chairs and all interested parties. We all need to work on these projects together, why not volunteer some of your time and talents to accomplish something really worthwhile. Let us pass this beautiful and pristine place on to the next generation in better condition than when we found it. Let me know what you think.

I hope to see you around the lake.

Don't throw this issue away. Pass it along to your next-door neighbor. And ask them to join as well. Thanks



The Cumberland County Soil and Water Conservation District wanted to give a tour of the work sites completed this summer. They invited members of various committees from the Town of New Gloucester, the press and members of the lake association. The tour was conducted on the water so we needed 2 pontoon boats to accommodate everyone. We would like to thank **Leonard Daley and Fred Davis** for volunteering their pontoon boats as well as a couple of hours of their time. They made it possible for everyone to get a good look at all the work that was done. Leonard's boat got the lion's share of the cookies though. Thanks again, Fred and Leonard.

SABBATHDAY LAKE CRUISE WITH TOWN LEADERS ABOARD, AUGUST 28, 2002 BY ELLIE FELLERS

NEW GLOUCESTER - Two pontoon boats filled with New Gloucester leaders left the shores at Barefoot Beach on Sabbathday Lake on an educational mission to learn first hand about technical safeguards to protect the lake's health completed this summer by a six member youth group. Fifteen year old Duncan Fowler said the work project taught him

valuable lessons that he wants to continue practicing in the future. He hopes the corps will be funded again.

The Sabbathday Lake Youth Conservation Corps, in its first year, completed 11 non-point source projects in a partnership with landowners to prevent and slow down storm water from entering the lake. The tour, orchestrated between the Sabbathday Lake Association and Cumberland County Soil and Water Conservation District, brought the flotilla with 14
(see **CRUISE**, page 3)

CRUISE

(continued from page 2)
leaders to several completed project sites. CCSWCD, who spearheaded the project with a Clean Water Act grant obtained from the Federal Environmental Protection Agency through Maine's Department of Environmental Protection, led the group to several sites pointing out the methods used to improve land management. "We want to foster the idea of having another youth corps," said Mary Gilbertson, project manager for CCSWCD. That grant is not available to fund the youth corps next summer. It is hoped that town leaders along with other funding sources can be found keep the corps together for next summer. Roughly \$16,000 is needed for a second round of projects that are requested for next summer. Landowners contribute 25 percent of the cost sharing, and the grant paid the salaries, equipment and training for the young workers, Gilbertson said.

SLYCC made up of local kids have ownership. This gives the youngsters another opportunity for an educational outreach where they learn while they work. Veteran Planning Board member Jean Libby said in recent years all lake projects have been reviewed by CCSWCD as part of an applicant's packet. Selectman Stephanie Bryan said it was her first tour of the lake coming away with a different sense of need. "If you don't live on the lake, you don't get emotional." (see **CRUISE**, p.4)



Sabbathday Lake Youth Conservation Corps Left to right, Mary Cloutier, Duncan Fowler, Liz Lasley, Joe Williams, and Dan Cruz. Missing from picture, William Cloutier.

YCC

YOUTH CONSERVATION CORPS

Below is the article written by Mary Cloutier, as a collaboration by the entire YCC crew.

"I can't imagine having any other summer job except this one", explains Mary Cloutier, a member of S.L.Y.C.C., "Because our job isn't like any other! When we get up and go to a site it's bare, but by the end of the work day whether it's finished or not the difference we are making can be clearly seen and I like that".

S.L.Y.C.C. stands for Sabbathday Lake Youth Conservation Corps.. What that means is, we are paid to go to your property and fix what is eroding and possibly draining harmful substances into

Sabbathday Lake. Fixing usually isn't as easy as it sounds. It means building water bars, digging ditches for run off and rain, making drip lines, putting in interlocking stairs by digging out or building over existing structures, planting buffer plants, building infiltration steps and so much more. With any job there are likes and dislikes. Not like other jobs there are more pluses than anything else. Some of the most agreeable bonuses of our job are the amount we are paid, seeing the actual progress from beginning to end of each day, developing a trained eye, and preserving the lake for the future.

The dislikes are physical, such as getting up early, having the season last only 5 weeks, and the time it takes to replace tools. Over all, this is a great job, and the things that each of us will take away from it when it's all over are skills we'll use in the future.

Will There Be a YCC for 2003?

Paula Gauthier

The YCC was funded for one year only by the Sabbathday Lake Water Quality Improvement Project. A group of concerned lake residents in conjunction with the Sabbathday Lake Association Board of Directors have been busy in recent weeks researching various means to continue the Sabbathday Lake YCC.

The first hurdle to overcome in order to continue the Sabbathday Lake YCC is funding. Initially, it was hoped that funding might be found by applying for grants from one or several foundations. Research indicates, however, that in order to receive grant moneys, most foundations require that the sponsoring organization receiving the funds carry a status of 501.C3, non-profit, tax exempt. The Sabbathday Lake Association, the sponsoring organization, carries a status of 501.C7, social. Although, at our August meeting, the association ratified a proposal to research and to change the status of the Lake Association from 501.C7 to 501.C3, the timing of making that change is unlikely to support the grant application process. In short, what this means is that for the Sabbathday Lake YCC to continue next summer some other source of funding will have to be identified. At this time no potential sources of funding have been identified.

Additionally, should a funding source be found for the YCC, it is likely the structure of the program



Paula Gauthier's steps, before and after



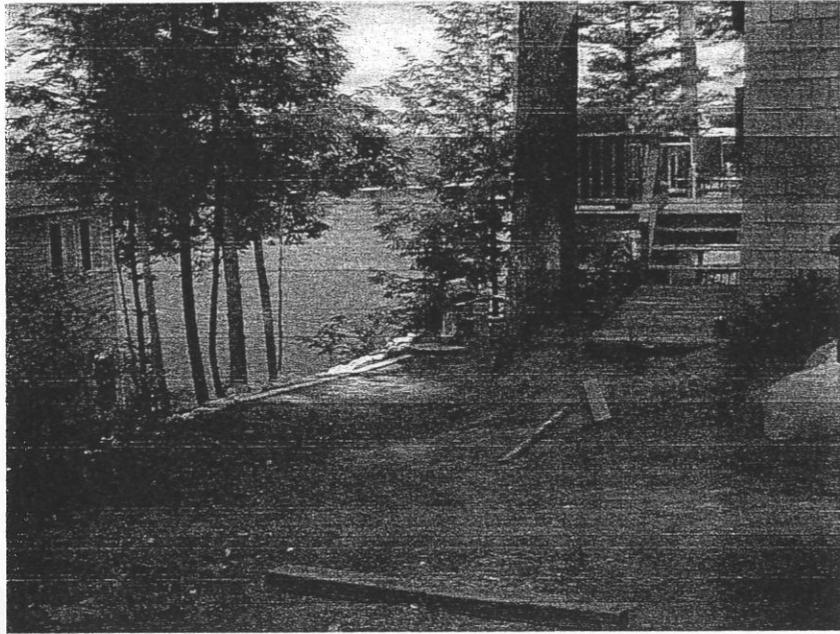
will be altered. The match requirements for the homeowner is likely to change. During this past summer, homeowners who participated with the YCC were asked to contribute plant and planting materials, while labor costs were covered by the project. The next generation of the YCC may require homeowners to contribute not only plant and plant

materials, but also cover some portion of the labor cost. These changes are in the discussion stages, however if you are homeowner considering a project with a YCC, you should be aware that homeowner contribution requirements could change. The team working to establish the Sabbathday Lake YCC will continue to research and pursue funding options. Stay tuned.

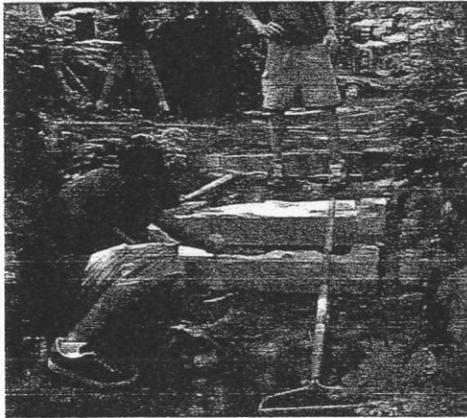
Steps at the Branigans



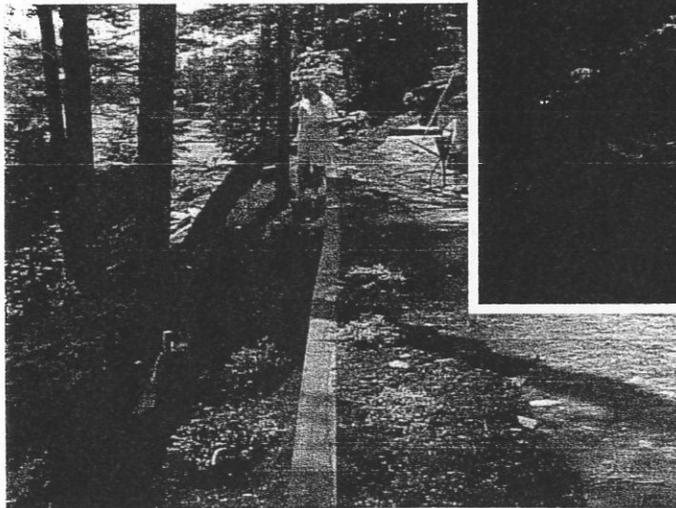
YCC PROJECTS



Before and after at the Wilson's, West Shore Drive



Building steps at the Rodis



Plantings at the Steeles



Steps at the Youngs



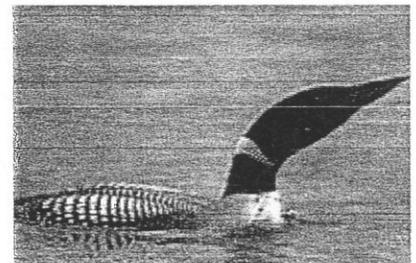
MILFOIL MONITORS

On July 27, 2002, Sabbathday Lake was the site of a bass fishing tournament. Only 4 fishermen were allowed to enter because of the small size of the lake. They must have been surprised to find six volunteer milfoil monitors up at dawn to greet them at the boat ramp. Volunteers pictured above are Rick Fortier and Don Lambert, 2nd and 4th from left, along with 2 of the fishermen.

Milfoil Watch Musings by Paula Gauthier

I had the opportunity to volunteer for Milfoil watch three Friday mornings this summer. I found the experience to be a rather pleasant way to contribute to the lake community. I encourage all Lake Residents to volunteer. On one quiet morning, I had the

opportunity to inspect the boat being launched by Scott Williams, our state biologist. Scott was very supportive of our efforts to educate the boating public and to protect our lake. He encouraged me to continue to take an interest in the health of the lake and thanked me for my efforts at the boat launch. I wanted to pass along Scott's encouragement and support to all current and potential Milfoil watch volunteers. Together, I believe we can make a difference!



LOON COUNT

Mary Beth Johnson and Cheryl Fortier made a foray onto the lake at the designated date and time and found no loons. Of course we know they're there.

MEMBERSHIP DRIVE CONTINUES

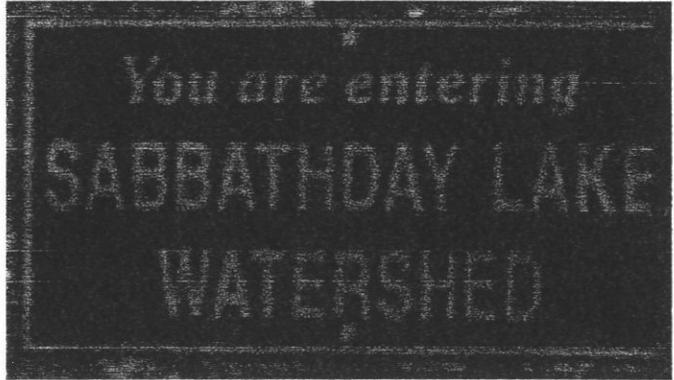
The Board of Directors set a 2002 goal of 100 paid members - we are currently at 77. We have worked hard during the last few months by talking to as many lake residents as possible, passing out membership forms door to door, and talking up our membership drive at the summer meetings. I know we can meet our goal because there are about 35 past members who have paid dues in one of the last two years, who have not paid yet this year. The good news is that we have many new members for 2002!

I know it is easy to forget to pay Sabbathday Lake Association dues. Life is so busy and when summer comes we all just want to enjoy the lake and the summer days. If you just take a minute to think about the future, I'd bet you want our precious Sabbathday Lake to remain as clear and pristine as it is today. It takes all of our vigilance to keep it that way.

Sabbathday Lake Association membership is one way to help protect the lake for the long term.

If you're not a 2002 member, I invite you to join and become a 2002 guardian of the SBLA. If you are a member,

THANK YOU. Anne Maurice



Sabbathday Lake Association Annual Membership Dues 2002
AMOUNT: \$15 Additional donations welcome!

Please send annual dues to: **Anne Maurice, 10 Cushman Drive
NEW GLOUCESTER, ME 04260**

MAKE CHECKS PAYABLE TO: **SABBATHDAY LAKE ASSOCIATION**

NAME _____

LAKE ADDRESS _____

MAILING ADDRESS _____

TELEPHONE _____ EMAIL _____

Benefits of belonging to the Association:

- ◆ News about what's happening around the lake
- ◆ Social gatherings to meet your neighbors
- ◆ Water quality testing

Sabbathday Lake News

The Newsletter of the
Sabbathday Lake Association

Please send your lake-related news contributions to the Editor
by email to Cheryl Fortier, chrfortier@aol.com or cfortier@maine.rr.com

SABBATHDAY LAKE ASSOCIATION

Board of Directors

Mike Cloutier	President	782-9720	Paula Gauthier	Director	926-5853
Nancy Thomas	Vice President	926-3137	Janet Lambert	Director	926-4069
Lori Fowler	Secretary	926-3356	Brother Wayne Smith	Director	926-4865
Anne Maurice	Treasurer	926-4732	Don O'Malley	Director	926-4214
Matt Johnson	Director	926-5233	Cheryl Fortier	Director	926-3168

Sabbathday Lake News

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