

# Sabbathday Lake News

June 2013

## Annual Meeting

Wednesday  
July 10, 2013

At the Town of  
New Gloucester  
Community Room

Potluck Dinner

6:30 p.m.

BYO utensils  
and pot luck

7:30 p.m.

Business Meeting

Election of Officers

\* \* \* \* \*

## August Meeting

Saturday

August 17, 2013

Coffee and Donuts

At the Town of  
New Gloucester  
Community Room

9 am - 11 am

## From the IPP Team at Sabbathday Lake by Mike Cloutier

I hope everyone wintered well. I have been working on a couple of projects that I feel will add to the Sabbathday Lake IPP experience. In 2013 I would like to initiate a mentor program to partner an interested individual with certified patroller in an effort to get more individuals involved. We had a few sections that were not completed last year and hopefully we can get these sections surveyed this year.

An IPP get together prior to the 2013 survey season is in the works. This will get everyone updated with new information and planning for the 2013 survey. I will send out additional details as they are developed.

As we approach the most active season around the lake we should

be ever mindful of the danger that the introduction of invasive plants pose. The three most effective initiatives that will prevent their introduction and mitigate such an infestation are:

#1 Courtesy Boat Inspections

#2 IPP annual surveys

#3 Sustainability of the IPP program.

Please consider participating in any of these efforts. If you have any questions or would like to contact me regarding the Sabbathday Lake IPP Team please give me a call at 926-5096.

See you on the water.

\*\*\*\* WANTED\*\*\*\*

### Invasive Plant Patrollers

Maine's lakes, rivers and streams are increasingly threatened by non-native invasive plants. Once established in a lake, stream or pond, early detection of an invasive aquatic plant provides the best hope of eradicating the invader. Trained volunteers play an extremely important role in this effort. The survey is interesting, rewarding and fun!

If you would like more information please do not hesitate to give me a call, we can use your help.

Mike Cloutier 926-5096

## **Courtesy Boat Inspection Program Update** by Lillian Nayder

For the upcoming Courtesy Boat Inspection season of 2013, we have once again received a modest grant from the Lakes Environmental Association and the Maine DEP to help fund our program at the Outlet Beach Boat Ramp. In 2012, between Memorial Day and Labor Day, 108 boat inspections were performed by Lake Association workers and volunteers, including Jesse Ricardi, Aaron Ricardi, George Johnson and Becky Delaney. The number of inspections was up slightly, from the 97 performed in 2011 and from the 103 performed in 2010. In 2012, no plant material was found on boats entering or exiting from Sabbathday Lake.

Although I've said this before, it bears repeating: we need to be vigilant in watching for aquatic invasive plants. Boats putting into Sabbathday Lake last summer had come from nearby water bodies infested with Variable Leaf Milfoil, including Sebago, Little Sebago (which has a VLM hybrid), Lake Auburn, Great Pond, Thompson Lake, and the Saco River. Nearly one out of every dozen boats putting into Sabbathday had come from Little Sebago, for example. Although the infested lakes closest to Sabbathday contain Variable Leaf Milfoil, Hydrilla has been found in Pickerel Pond (Limerick) and Damariscotta Lake (Jefferson). A total of eleven invasive aquatic plants are now banned in Maine, including the five that have been documented in the state's public waters: Curly-leaf Pondweed, European Naiad, and Eurasian Water Milfoil in addition to Hydrilla and Variable Leaf Milfoil.

Milfoil removal is a labor intensive and an expensive enterprise, so it is in our best interests to keep the plants out of Sabbathday Lake if we possibly can. At present, the Lakes Environmental Association uses three methods for milfoil removal and control in infested water bodies: hand removal of plants, diver assisted suction harvesting (or DASH), and plant control by means of benthic barriers, which starve invasives of sunlight. These barriers are only used in badly infested waters, as they kill all native plants as well. In the most dire of situations, control or eradication measures can include the use of chemicals

(herbicides), which is the case with Pickerel Pond. These have been used in New Hampshire to control Variable Leaf Milfoil as well.

*If anyone is willing to help with the Courtesy Boat Inspection Program at Sabbathday Lake, please call Lillian at 926-5233.*



**PLEASE NOTE**

**SUMMER MEETINGS**

**TO BE HELD AT THE**

**NEW GLOUCESTER**

**COMMUNITY**

**MEETING ROOM,**

**NEXT TO THE**

**TOWN HALL IN**

**NEW GLOUCESTER**



## **New Gloucester Community Fair**

contributed by Paul Gillis

Early on October 20, 2012, Althea Driscoll & Chris Ricardi, along with Gregory Whitney rose to set up the SDLA at the New Gloucester Community Fair.

The rainy Saturday morning soon changed to just cloudy with the rain stopping by the time the Fair opened at 10 AM. By 2 PM, the sun made a brief appearance. Foggy fireworks at 7 PM ended a successful day.

Thanks to Paula Gauthier, Alan Gregory, Mary Beth & Tom Johnson, Mike Cloutier, Chris Ricardi, Tom Shupp, Gregory Whitney, Rick Fortier, Ellie Fellers, Carolyn & Allen Marsh, and Anne & David Gauthier-Maurice for taking turns in the booth to share information & literature, meet our neighbors, and pass out membership forms.

Allen Marsh, manning the SDLA booth at the New Gloucester Community Fair  
photo by Paul Gillis

Thanks also to the Volunteer Lake Monitoring Program, the Cumberland County Soil & Water District, and the Lake Environments Associations for their sharing of materials.

Over the course of the day, about a dozen visitors took SDLA membership forms home with them.

Overall, lots of people were educated about the prevention of invasive plants and encouraging in their interest. Hope Springs Eternal!

# SDLA sponsors the 2013 Sabbathday Lake Photo Contest

by Paul Gillis

Share those wonderful sunrise, sunset, nature, swimming, boating, sailing, water skiing, Outlet Beach, Shaker Village, children, and grandchildren photos with your fellow SDLA members. If you love taking pictures, the SDLA is waiting to see the photos you snap of your favorite animals, landscapes or people to enter in the 2013 Sabbathday Lake Photo Contest.

Youth 12 and younger will have their own opportunity to flaunt their skills in photography by taking part in the youth category. Photos will be displayed at the SDLA Association meeting in August.

The six categories would include:

- A) Nature / Wildlife
- B) People
- C) Sunset/Sunrise/Landscape
- D) Other
- E) People's Choice

Everyone is encouraged to enter early and often. Contestants may submit up to three photographs per

category by E-mail. Photos may be in black & white or color. In the E-mail indicate your name, address, phone number, category photo title (optional).

Labeled entries must be received no later than Midnight August 1. Entries may be E-mailed to [cfortier2@live.com](mailto:cfortier2@live.com). By submitting their photos, contestants release to the SDLA the right to use the photos in the newsletter, calendar, and for any other purposes.

An esteemed panel of judges will evaluate all entries for composition, neatness, imaginative subject matter, overall photographic quality and capturing the spirit of Sabbathday Lake. Attending SDLA members will have a chance to vote for the People's Choice category at the August SDLA meeting.

Two prizes will be awarded in each category, with a People's Choice Grand Prize of 1 year SDLA membership. Other prizes include blue ribbon and certificate, being published in the SDLA newsletter, and free ice cream at Outlet Beach.



“Snowy Woods”

photo by Paul Gillis

# What's happening at Outlet Beach?

A note from Becky Delaney, former owner of the Outlet Beach, May 9, 2013: "I have sold Outlet Beach. I believe the new owner, Krista Kern Desjarlais, plans on changing the snack bar quite a bit. Honestly, there is much I will miss about Sabbathday Lake. I do plan to pop in at the lake from time to time, just to wean myself off the place. I will be helping Krista and Erik, the new owners, get set up over the next couple of weeks."



by Krista Kern Desjarlais

"Bresca and the Honey Bee" at Outlet Beach .....the beach will remain Outlet Beach with boat rentals and all fees and admissions remaining the same as last year.

The snack shack will be called Bresca and the Honey Bee and will feature picnic inspired foods, house made ice cream, shakes, floats etc...pastries, (I have worked as a Pastry Chef as well as Executive Chef for the last three decades) and coffee (regular brewed as well as espresso, latte, cappuccino, americano and cafecito). I currently am the chef owner of bresca in Portland, Maine. The food will be as local and organic as is possible and centered on wholesome and ethical principals for farming and livestock. But above all I want to create place that is fun and inviting for families and all who want to enjoy a beautiful day in New Gloucester and eat some really tasty food! My husband, Erik, and I are really excited to be a part of the community here and are looking forward to sunny warm summer in which to meet many of our neighbors here in New Gloucester.



"Sunset Shores"

photo by  
Tom Johnson

## SDLA Paddle Events for Summer 2013

Kayak, canoe, rowboat, paddle board - all will leave from Outlet Beach and proceed down the west side of the lake - or join us on the way.

Here are the dates for paddling. There is no full moon paddle this year because the full moon occurs midweek in July, August and September. Most disappointing.

Morning Paddle	Saturday July 13	8:00 AM
Morning Paddle	Saturday Aug 3	8:00 AM
Sunset Paddle	Saturday Aug 31	8:00 PM

For more information, contact Paula Gauthier at: 207-926-5853 (h) 207-712-6489 (c)  
or [pgauthie@maine.rr.com](mailto:pgauthie@maine.rr.com)



### Sabbathday Lake Tee Shirts for Sale

Again, this year we are selling some really great looking tee-shirts and canvas bags that were created just for us by Hand Printed Works. We will have tee-shirts for sale at the July and August meetings as usual. After the meetings, they will be available for purchase at the Shaker Village Gift Shop. Your purchase will help us protect and preserve Sabbathday Lake for future generations.

# ICE OUT DERBY

by Rick Fortier

Tuesday March 19, 2013

Hello Sabbathday Lakers:

Spring arrives tomorrow. It is snowing an inch per hour on top of the 8-9 inches we have on the ground already - supposed to stop sometime tomorrow morning - and the ice is quite solid. Time to place your bets on iceout day. As I recall from my data, over the last 35 years the average is April 11, the median is April 6, range March 15 to April 27. Last year it was March 21.

Should we say send projected dates in by 1 week from tomorrow - no later than March 27?

Good luck! Rick Fortier

\*\*\*\*\*

Friday, April 12, 2013 9:36 AM

Dear Sabbathday Lakers,

This year is a tough call. Yesterday, Thursday April 11, the saturated dark ice in view of our north shore abode rapidly dissolved until by dusk we could see only open water as far as South Cove. On exploration this morning there remains ice in about 1/3 of South Cove and 2/3 of Black Cove. Ann Maurice, who was on her early AM walk in 33 degree temps. said all she could see from her window was ice, and she thought total iceout would be tomorrow, April 13.

By the criteria I have used for 36 years, iceout was April 11, and will be so recorded. Nobody guessed that date. However, any of the 7 people who guessed April 12 or April 13 are potentially eligible to claim a win. I disqualify my own guess of today, April 12.

Here are the other potential winners: April 12: Paul Gillis, Paula Gauthier; April 13: The Whitneys, Nancy Begert, Tom Wilson, Carolyn Marsh.



"Iceout"

Photo by Cheryl Fortier

If the remaining ice clears by sunset today, those who guessed the 13th will be out of luck.

Has anyone spotted a loon yet? There was a rather large beaver meandering in front of my place yesterday morning. I was amazed at the loud sound made when it slapped its tail on the surface on diving under.

Happy spring lake fun!



Pies for Prize

Pies and Photo  
by Paul Gillis

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AT THE NEW GLOUCESTER  
COMMUNITY MEETING ROOM,  
NEXT TO THE TOWN HALL IN  
NEW GLOUCESTER**

## 2012 Sabbathday Lake Association Members

*Thanks to the 2012 Sabbathday Lake Association members – all 86 strong. Your financial support continues to protect our lake. The SDLA Board of Directors*

Vivek and Heather Mehra  
Richard and Lori Allen  
David and Patricia Anderson  
Stephen Barr  
Nicole and David Becker  
William and Joanne Begert  
Jane Begert  
Stuart and Charlene Belden  
Ronald and Carol Beyna  
Florence and Robert Bonney  
Norman and Tahlia Chamberlain  
Ann Chandler  
David Chandler  
Stephen and Natalie Chandler  
Becky and Jim Clark  
Michael and Joan Cloutier  
Kathleen Cruz  
Thomas and Judith Cushman  
Leonard and Pattie Daley  
Elizabeth Davis  
Gerard and Benita Deschaine  
Diana Dowd and Craig Doremus  
Stephen and Althea Driscoll  
Kevin and Penny Ducharme  
Eleanor Fellers  
John and Janet Foley  
Richard and Cheryl Fortier  
Helen Franck  
Paula Gauthier  
Greg and Nancy Gilbert  
Paul and Carol Gillis  
Donald and Diantha Grant,  
Jennifer Gray  
Alan and Cathy Gregory  
Tim and Becky Gregory  
Lee and Sandra Harper  
Richard and Linda Hildebrand  
Jeffery and Babbette Irwin  
Matthew and Lillian Johnson  
Thomas and Mary Beth Johnson  
Brenda and Michael Jones  
Pamela Spriggs Kern  
Jennifer and Carl Laidlaw

Donald and Janet Lambert  
Paul and Laura Larrivee, JR.  
Peter and Diane Libby  
Abigail Lumdsen  
Carolynn and Allen Marsh  
David and Anne Maurice  
Cheryll and Shaun McKinnon  
Diane Morin  
Dennis Omer Morin  
Rachel Morin Deckard  
Harry and Paulette Morin McNally  
William and Sue Morrison  
John and Phyllis Morrissey  
Ali and Munira Naqui  
Donald and Monique O'Malley  
Richard and Beverly Ouellette  
Francis and Susan Parker  
Ginny Paulson  
John and Karen Pennell  
Alan and Elizabeth Peoples  
Pamela Pinette  
Priscilla Rawstron  
Christian and Julie Ricardi  
Barbi and Davis Richardson  
Charles and June Rodis  
Diane and John Salisbury  
Sharon and Kevin Scannell  
Charles and Dawn Schwab  
James and Pamela Selberg  
Carl and Catherine Shaw  
Tom Shupp and Nancy Thomas  
Steven and Cynthia Smith  
Beth and David Steele  
John and Paula Sturgis  
Catherine Thorpe  
Thomas and Birgitta Tupper  
United Society of Shakers  
William H. Webb  
Dan Wheatley  
Douglas and Nancy Whitehouse  
Greg and Linda Whitney  
Tom and Sue Wilson  
Ruth York.



# Sabbathday Lake Association Annual Membership Dues 2013

AMOUNT: \$15

Additional donations welcome!

Please send annual dues to: ANNE MAURICE, 10 CUSHMAN DRIVE  
NEW GLOUCESTER, ME 04260

MAKE CHECKS PAYABLE TO: SABBATHDAY LAKE ASSOCIATION

SDLA is a 501(c)(3) corporation. Your contributions are tax deductible.

Dues received during the summer are greatly appreciated.

NAME \_\_\_\_\_

LAKE ADDRESS \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

TELEPHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

\_\_\_\_ ADDITIONAL DONATION FOR INVASIVE PLANT PREVENTION  
AND WATERSHED CONSERVATION ACTIVITIES

### Benefits of belonging to the Association:

- ◆ News about what's happening around the lake
- ◆ Social gatherings to meet your neighbors
- ◆ Water quality testing
- ◆ Environmental Improvement Activities

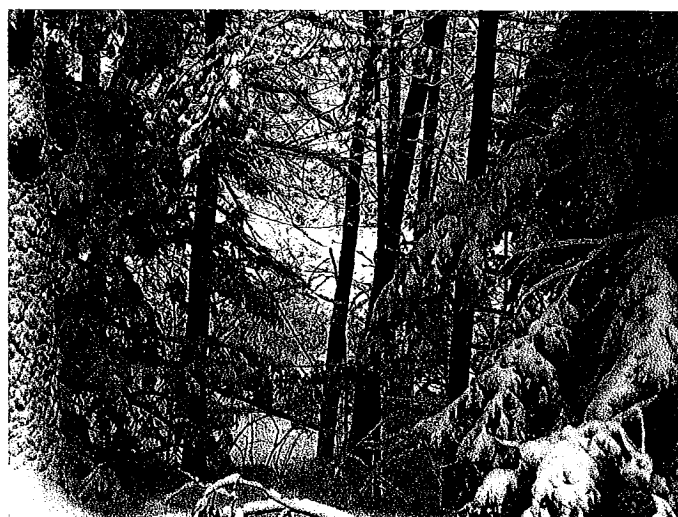
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## E-mail Directory

The SDLA has begun to organize a database of e-mail addresses for our membership based on e-mail addresses that are provided on the annual membership application. This e-mail directory will be used to notify members of our upcoming events.

Members are invited to send their e-mail addresses (or e-mail addresses of others who may be interested in supporting our work) to Anne Maurice at [amaurice@maine.rr.com](mailto:amaurice@maine.rr.com).

*Please put "New SDLA email address" in the email subject line.* I get so much email, I want to be able to spot these emails easily. Anne Maurice



"Soon to be Spring"

photo by Paul Gillis

# Sabbathday Lake News

44 LAKE VIEW DRIVE, NEW GLOUCESTER, ME 04260

## Sabbathday Lake News

The Newsletter of the

Sabbathday Lake Association

*Please send your lake-related news, stories and photos to the Editor*  
by E-mail to Cheryl Fortier, [cfortier2@live.com](mailto:cfortier2@live.com)

## **SABBATHDAY LAKE ASSOCIATION**

### Board of Directors 2012 - 2013

<b>David Becker</b>	President	926-5158 (401) 334-7345	<b>Joan Cloutier</b>	Director	926-5096
<b>Anne Maurice</b>	Treasurer	926-4732	<b>Chris Ricardi</b>	Director	926-3721
<b>Ruth York</b>	Secretary	926-4342	<b>Cheryl Fortier</b>	Director	926-3168
<b>Paula Gauthier</b>	Director	926-5853	<b>Mike Cloutier</b>	Director	782-9720
<b>Alan Gregory</b>	Director	926-1131	<b>Brother Arnold Hadd</b>	Director	926-4865
<b>Matt Johnson</b>	Director	926-5233			