

# Sabbathday Lake News

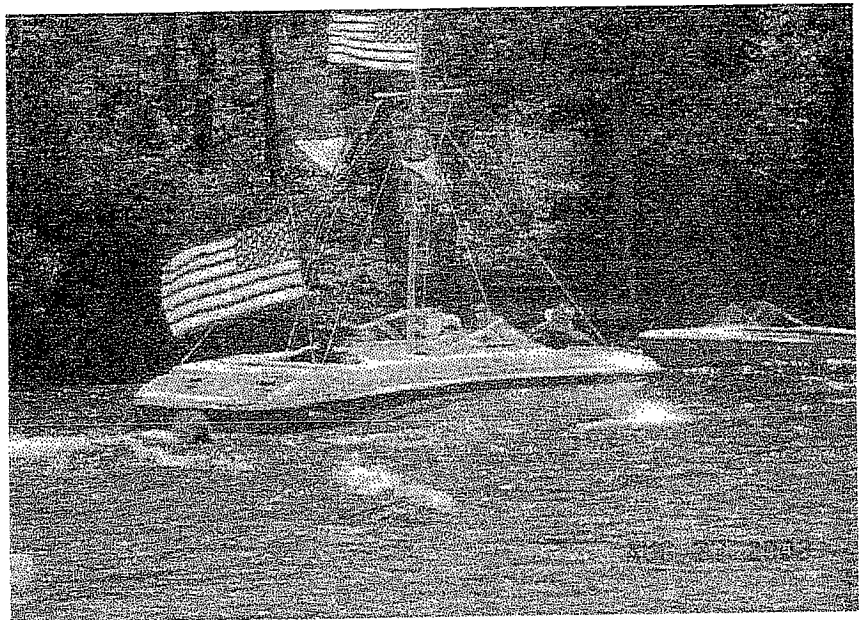
November 2003

## In My View

Mike Cloutier, President  
Sabbathday Lake Association

# 2003

# BOAT PARADE



President Mike Cloutier's boat adorned with flags

Is it possible? Can it be? Why yes it is. It's a beautiful bald eagle circling over the cove in front of our camp, and it is landing on a tree branch only a few hundred feet away. This is truly a magnificent sight; in fact, it's my first experience of seeing an eagle on the lake. Like a lot of events this summer such as family gatherings, visits from friends and spending time on, near or in the water this eagle sighting will now be placed in my permanent memory for future use. And as we put the boats and water toys away for another year, we can look forward to our winter activities on this beautiful lake.

The Board of Directors welcomes it's newest member Mr. Chris Ricardi who was elected to the Board during our August meeting. We all look forward to working with Chris in the future. I would also like to offer my thanks and gratitude to Nancy Thomas who is leaving the Board after serving the Sabbathday Lake Association for many years. Nancy has served the Association in many other capacities as well.

(Cont. See View, p.2)

## The Sabbathday Lake Association resurrects their annual boat parade.

It was brought up at the July meeting that the Sabbathday Lake Association used to have an informal boat parade every year, and that we should try it again. It was stated that it had been many years since this had been done, and that everyone used to enjoy it, both

boaters and people watching from shore as well. With that being said, two members volunteered to organize the event. Betty Davis and Dorothy Cobb took on the Parade, 2003. And organize they did. Notices were passed out at the August meeting and with dues notices. The parade was held on Saturday, August 23rd under a beautiful clear blue sky. Oh, did I mention the wind, well it was tailor

(Cont. See Parade, p.4)

**View** (Cont. from page 1)

The Board of Directors will be meeting during the winter months in order to complete the transition to an IRS Section 501c (3) designation. This will enable the Association to seek grant funding for additional water quality work around the lake. This funding had been previously unavailable to us. Getting these additional funds will be critical for the continuation of the great work around that lake.

Mary Gilbertson from the Cumberland County Soil and Water Conservation District and her crew

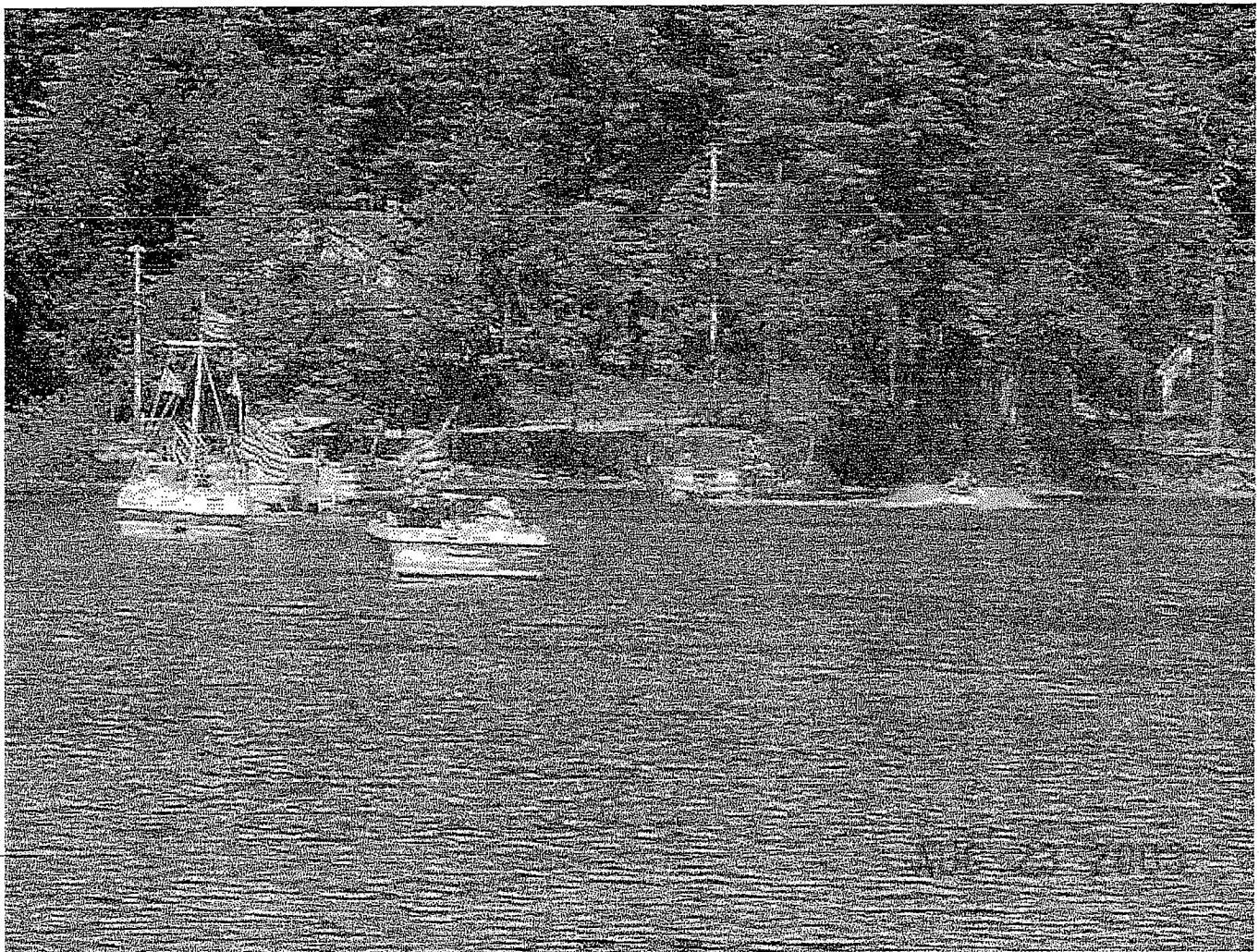
along with some volunteers completed several projects around the lake this summer. These are the kinds of projects that we need to continue doing. And getting additional funding from other sources in addition to grants will enable us to continue that work. Based on Scott Williams, Aquatic Biologist, and water quality report for 2002, we may be holding our own in protecting the lake. We cannot afford to stop our efforts in protecting this irreplaceable gift of nature. Protect it we must.

The lake needs your help, and the Sabbathday Lake Association needs

your help. Please volunteer in whatever capacity you can to prevent a further decline in the water quality of Sabbathday Lake. I would love to see you at the meetings and bring along a neighbor. The Directors and I would also like to hear from you. Please let us know your ideas and thoughts. Let's all help to preserve this beautiful resource that we also enjoy for now and pass on to future generations.

Have a great winter.

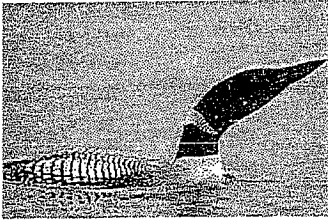
**BOAT PARADE**



### Editor's Note

The editor is delighted to print this poem by Aileen Grumbach, mother of Lillian Nader. Lillian's husband, Matt Johnson, was kind enough to forward the poem along with the following note of explanation. The skier in the poem was Amy Driscoll, just graduating from St. Joseph's College.

Hey Cheryl, Finally received permission to reprint this poem. My mother-in-law was inspired by an outing during her visit here four or five years ago, when she witnessed one of the Driscoll's graduation traditions on a bright, warm morning in May. It has been published in The Paris Review, Spring 2003, Vol 165. Matt



## Waiting on Sabbathday Lake

Mornings like this--no drift  
to the canoe, no bass  
at the lure--the shiver-calls of loons  
we hear all night seem like a dream,  
as if the lake loses its voice  
each morning, the way old people do,  
the way the Shakers in their barn houses  
along the shore tell you their history  
in hoarse whispers as they point  
to the rockers they make, sell  
and seed the countryside with  
the way the dying maple sent out  
pods like mad as a last resort,  
the way we stay rooted here  
as if we have to study silence  
and do well on some final test.

But I don't say that  
or echo the old lobsterman  
who interrupted lunch talk  
of social security and funerals  
to describe the New Orleans  
parade on TV--trumpets, drums,  
and dancing in the street  
with the coffin bringing up the rear.  
"Wicked loud, but seemed to me  
a superior way to go."

Mornings like this no one expects  
motorboats to have the nerve  
to blast into the revery  
of an old lake rocking on its shores  
or send out those tidal waves  
to knock the canoes out of  
their meditative grooves.

So when the outboard sounds  
and the slap of the tow rope,  
we set our knees and hands  
to balance out the crests and troughs,  
turning then to see behind the spray  
the neighbor's girl rising in a black billow  
of graduation gown, cap  
stuck to her head by amazing grace  
in this ceremony of thanks,  
tassel churning like a golden sundial  
defying ordinary time, or a golden compass  
defying the limits of space, pointing  
to every direction under the sun,  
even under the lake where your line goes  
among the lily roots, where possibilities lie,  
clever as bass on a May morning,  
drowsing there, not ready to rise  
to the lure, but there.

Seems to me this morning  
a superior way to wait.

Aileen Grumbach

**Parade** (Cont. from p. 1)

made for flags but a big challenge for balloons. The parade formed behind Loon Point at 2 PM on Saturday, August 23rd. Several boats gathered for the resurrection of this festive event. Many of the boats sported colorful decorations in honor of this joyous occasion. Fred and Betty Davis led the parade on their pontoon boat. Among the many guests dressed for the occasion on their boat was co-organizer Dorothy Cobb and her husband Ernie. Other boat owners represented in the parade were,

Mercier and guest, Cloutier and Johnson families, Lamberts, Brandt/Wheatley (classic boat and motor), Wilson and guests, and Brown and guests followed up by a jet ski (Cloutier/Wheatley) gathering balloons that got away.

The parade made one pass around the lake and was enjoyed by all manner of viewers from adult and child alike watching from their docks. With the flags flying and festive decorations blowing in the breeze the assemblage made for quite a sight. Many spectators raved about the colorful spectacle witnessed before their very eyes.

The participants gathered at Loon Point at the culmination of the parade and shared in a celebration of the event. A great time was had by all and hopefully this will become an annual event. What a terrific way to meet and greet fellow Sabbathday Lake residents that have so much in common. The common denominator, this beautiful lake we call Sabbathday.

Mike Cloutier



**MORE BOAT PARADE**  
**BETTY DAVIS AND FRIENDS**



## Sabbathday Lake Water Quality Improvement Project a Success

Greetings from the Cumberland County Soil and Water Conservation District! As the summer quickly winds down and the brisk fall mornings start each day, I want to take a moment to look back at a successful two years. The \$106,000 project was funded through collaboration between state, federal, town officials, and landowners. This grant sought to implement an array of projects that demonstrated how to conserve the lake with simple conservation practices that anyone can do on their property.

A variety of activities occurred throughout the watershed to maintain and improve the health of Sabbathday Lake. Workshops were held to help citizens learn conservation techniques to use on their own property. Additionally, many of the construction projects turned into work parties as friends and neighbors gathered to install Best Management Practices (BMPs). We partnered with the Town of New Gloucester and landowners to complete seventeen conservation projects throughout the watershed, and provided 30 technical assistance visits to residents looking to reduce soil erosion and polluted runoff on their property. Projects ranged from buffer plantings to waterbars and rubber razor blades, to regrading roads and installing turnouts and sediment basins.

For those of you who like numbers, the following is a sampling of our accomplishments, During the grant we:

- Installed twelve waterbars
- Built five open-top culverts
- Constructed four rubber razor blades
- Spread over 60 yards of mulch
- Planted over 300 trees, shrubs, and groundcover
- Built approximately 75 infiltration steps

During the summer of 2002, a Youth Conservation Corps was established to install conservation practices that reduce erosion on 8 sites throughout the watershed. As many of you know, the crew went

(Cont. See **Improvement**, p. 6)

## Notes from the Lake Association Meetings

Both meetings of the Sabbathday Lake Association were well attended this past summer. We had several good speakers. Louis Haskell, Recreational and Safety Coordinator for the Department of Inland Fisheries spoke on safety issues around the lake. Boating issues were the main concern. Mary Gilbertson from the Cumberland County Soil and Water Conservation District came and spoke on the ending of our Department of Environmental Protection grant. She gave a run down of the best management practices done around the lake in the past 2 years. Last but not least was Nancy Pinette, the tax assessor for the town of New Gloucester. She said that after Christmas reevaluations will come out.

The Fire Department would like to remind all property owners to trim branches along the roads to 13 ft. high. Roads should be accessible for 40 foot trucks. Cottages also need to be numbered. Make sure all roads are properly marked, especially roads which branch off.

The association voted to maintain our membership with COLA.

The Board of Directors is looking into changing our tax status from a 501c7 to a 501c3.

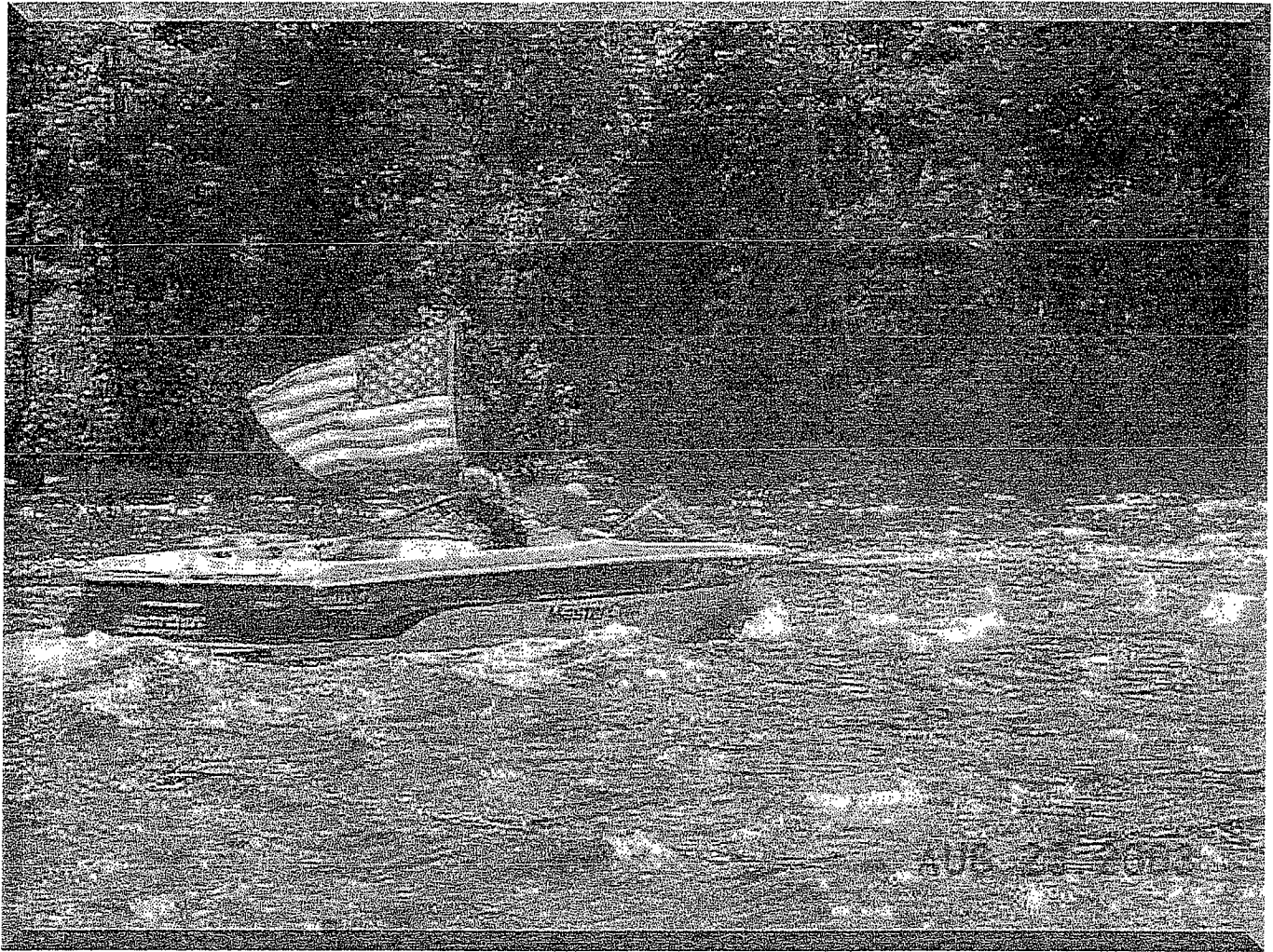
A boat parade was planned for late in the season. Thoughts about other social activities were fishing derby, boat parade, and possibly a Saturday morning breakfast meeting.

Matt Johnson accepted the job of being Milfoil Committee Chair.

Jeff Parshall, owner of Barefoot Beach, would like to block off the boat ramp and have certain hours it would be open.

The directors look forward to seeing all of you at the next annual meeting of the Sabbathday Lake Association, July 14, 2004.

Lori Fowler, Secretary



### DON AND JANET LAMBERT AND ZACH IN THE BOAT PARADE

(Improvement, Cont. from p. 5)

above and beyond all expectations, by completing projects at 11 different sites. Although this grant will no longer fund this program, efforts are underway to create a YCC which covers the entire Royal River Watershed.

I think we can all pat ourselves on the back for a job well done! However, just because this particular grant is coming to an end, it doesn't mean it's time to sit back and stop being proactive. Visit the demonstration projects around the lake and take home some ideas. Talk to members of the Lake Association who were involved with this project. Support the development of

the Royal River Youth Conservation Corps. I have been, and continue to be, impressed by the local commitment for protecting the lake, and to long-term watershed protection.

Remember, the health of the lake depends on each one of us, for a little erosion from each of our properties adds up to a large impact on the lake!

Submitted by ~

Mary Gilbertson, Project Manager  
Cumberland County SWCD  
201 Main Street, Suite 6 Westbrook, ME 04092  
207-856-2777 FAX: 856-2796

## SHOW ME THE MONEY

Do you know if you paid your dues this year? If not, feel free to check with our friendly treasurer, Anne Maurice, 207-926-4732

or send a donation now

### Sabbathday Lake Association Annual Membership Dues 2003

AMOUNT: \$15

Additional donations welcome!

Please send annual dues to: Anne Maurice, 10 Cushman Drive  
NEW GLOUCESTER, ME 04260

MAKE CHECKS PAYABLE TO: **SABBATHDAY LAKE ASSOCIATION**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

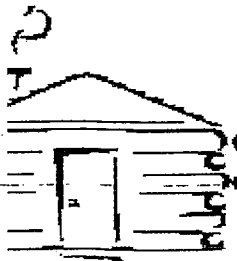
MAILING ADDRESS \_\_\_\_\_

TELEPHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

#### Benefits of belonging to the Association:

- ◆ News about what's happening around the lake
- ◆ Social gatherings to meet your neighbors
- ◆ Water quality testing

### ATTENTION CAMP OWNERS!



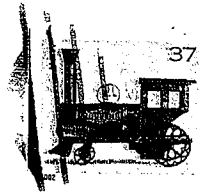
DON'T FORGET...NEW GLOUCESTER IS IN THE PROCESS OF AN EQUALIZATION...

AND WE NEED TO VISIT YOUR PROPERTY!

If the Assessor's Office has not done an interior inspection of your property PLEASE make an appointment!

Correct data insures equality!

Call Nancy at (207) 926-4126



# Sabbathday Lake News

44 Lake View Drive, New Gloucester ME 04260

Richard and Cheryl Fortier  
44 Lakeview Drive  
New Gloucester, ME 04260

## Sabbathday Lake News

The Newsletter of the  
Sabbathday Lake Association

*Please send your lake-related news contributions to the Editor*  
by email to Cheryl Fortier, [cfortier@maine.rr.com](mailto:cfortier@maine.rr.com)

### **SABBATHDAY LAKE ASSOCIATION**

#### Board of Directors

|                      |                |          |                            |          |          |
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